**Case Study Assignment 348394994**

**Question 1**

Mr. Khalil is a 67-year-old man who weighs 75 kg and 170 cm tall. He is a taxi driver and lives alone in a studio apartment. He works 12-hour shifts, 6 days a week and does not do any exercise. He also eats out most of the time and likes to drink sugary soda with his meals. He has just gone for his annual health screening and results indicated that he has a Type 2 Diabetes Mellitus and has hypertension.

You have just started working as a Care Coordinator in a community clinic. You have been tasked to create a care plan for Mr. Khalil. **Using ONE of his chronic diseases**, design a comprehensive plan which aims to assist Mr. Khalil to manage his chronic conditions. You may use the template below to guide your answer.

Word limit: 1000- 1300 Words

In this assignment I would you to select Type 2 diabetes Mellitus to answer the question below :

**Chronic Disease Identified**

**(Overview of the chronic disease chosen)**

(less than 120 words)

**Assessment**

(Identify and apply TWO relevant assessment tools)

(less than 300 words )

**Targeted Goals/Outcomes**

(Determine FIVE goals / outcomes in relation to the client’s desired goals)

(less than 300 words )

**Interventions and Evaluation**

(Action plan)

(less than 600 words )

**References**

(5 marks)

See example of the draft writing below you may correct/ edit and expand .

**Introduction**

Chronic Disease Identified

Chronic diseases are defined broadly as conditions that last 1 year or more and require ongoing medical attention or limit activities of daily living (ADL) or both. Mr Khalik in this case study has 2 chronic illness that is Diabetes Mellitus and hypertension. High blood pressure, or hypertension, is a condition that’s seen in people with type 2 diabetes.

diabetes damages the small blood vessels in the body, causing the walls of the blood vessels to stiffen. This increases pressure, may leads to high blood pressure.”thus increasing the risk of having a heart attack or stroke. ( Citation and rephrasing needed )

We need proper disease management Khalil chronic disease so that he can maintain optimum function with the most cost effective and outcome effective health care expenditure .

(less than 120 words)

**Assessment**

(Identify and apply TWO relevant assessment tools)

(less than 250 words )

Five Assessment tools are ital signs, Medical history and current, Functional including IADl, ADL , CFS , Cognitive and Psychological .

What is his Medical history ???, his functional ???? ,

Base on Mr Khalil health history …. Biological data……chief complaint …. Present and past health disease and family history . We have identify 2 most relevant assessment tools …..

**Targeted Goals/Outcomes**

(Determine FIVE goals / outcomes in relation to the client’s desired goals)

(less than 250 words )

**Interventions & Evaluation**

(Action plan)

(less than 600 words )

References

(5 marks)