Throughout the next few weeks, identify 7 to 9 examples of the 9 SHRM HR competencies in action by HR

professionals or by others in your everyday life.

Download the HR Competency Journal and journal about each example. For each entry, complete the following:

Identify which of the 9 competencies you observed in action.

Describe who was doing what.

Analyze and explain how that behavior is an example of the identified competency.

Recommend how the behavior might be improved to better meet the identified competency