P – Older adults age 65 to 85 receiving more than seven medications for their psychiatric illness, hypertension, pain

management, and insomnia admitted to an inpatient psychiatric unit.

I – Applying the STOPPFrail deprescribing method, a technique based on systematic discontinuing or reducing of

medications for older adult populations (Curtin et al., 2019); the START/STOPP criteria of 2008, screening tool of

older people’s prescriptions (STOPP) and screening tool to alert to right treatment (START) (Umit et al., 2019).

C – Current practices that contribute to increase of falls:

• Lack of medication reconciliation when admitting older adult patients to the unit.

• Lack of communication between the advanced practitioners, the psychiatrists, the physicians, the clinical nurses,

and the pharmacists are causing duplication of medication in the same category and inappropriate medication use.

O – Decrease number of falls by 20%.

T - One year.

CHAPTER III of the EBP

• Introduction – repeat purpose statement (copy and paste exactly)

• Methodology

• Take the recommended intervention/solution to Wrong practice (Ch. 1) taken from authors of articles in chapter II.

• Choose an Implementation Model from Melnyk: The Iowa Model Revised EBP to Promote Excellence in Healthcare

• Describe exact steps of how the APN (not RN) will utilize the selected model/framework and its steps/concepts to

implement the intervention.

• Describe Demographic data of specific population would you collect and why

• Describe Quantitative or Qualitative data or both you would collect and why.

• State how you can manage and keep data safe.

• State type of data analyses that can be utilized based on samples in literature reviewed.

• Evaluate practice change (How would you know intervention worked to solve the stated wrong practice/problem in

Ch. 1).

• Identify facilitating factors for implementation of proposed intervention

• Identify barriers to implementation of proposed intervention

• Summary

Appendixes (Ordered A, B, etc. are listed in the order in which they appear in the paper). Examples are

A. Synthesis table with levels of evidence (Melnyk p. 18) for the literature reviewed

B. Copy of framework/model. (The Iowa Model Revised)

C. Levels of evidence.

D. Tools utilized for Critical appraisal of all articles utilized for chapter II.

(The Critical Appraisal Skills Programme (CASP) and Burns & Grove’s The Practice of Nursing Research 8th

Edition