Many students are drawn to the career of social work because of life experiences that lead to a desire to help others.

These experiences may inform personal strengths and values that translate into social work skills. In this Discussion,

you reflect on your life experiences thus far and consider how they apply to your goals as a social worker. You also

consider how your personal strengths might influence your development as a social worker.

Required Reading:

Kirst-Ashman, K. K., & Hull, Jr. G. H. (2018). Understanding generalist practice (8th ed.). Stamford, CT: Cengage

Learning.

• Chapter 1, “Introducing Generalist Practice: The Generalist Intervention Model” (pp. 1–39)

Use APA 7th edition citation and references. Respond to the following:

• Describe three strengths that you predict will make you an effective social worker.

• Explain how each strength applies to your social work practice goals